

FORA® 6 Ver 2.012.024
312-4375100-028

Blood Glucose Test Strip	EN
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Warnings

► For **in-vitro** diagnostic use (for use outside of the body only) ► For single use only ► Healthcare professionals and other users testing multiple patients with this system should handle everything that has come into contact with human blood carefully to prevent transmitting infectious diseases, including sharps objects ► Please read this sheet and your FORA 6 Duo / Plus / Connect Multi-functional Meter's Manual before you use this test strip ► Use only FORA 6 blood glucose test strips with FORA 6 Duo / Plus / Connect Multi-functional meter to obtain accurate results, and be covered by the manufacturer's warranty ► Results may be inaccurate when testing on patients with abnormally low blood pressure or those who are in shock ► Please do not use the FORA 6 Duo / Plus / Connect monitoring system on critically ill patients. While the blood glucose result is extremely hyperglycaemia (over 600 mg/dL (33.3 mmol/L)), the collection of capillary blood from the approved sample sites is not advised when the peripheral circulation is impaired as the delivery of physiological blood glucose level might not be a true reflection. The following circumstances may apply: severe dehydration as a result of diabetic ketoacidosis or due to stress hyperglycaemia, hypovolaemic non-ketotic coma, shock, decompressed heart failure NYHA Class IV or peripheral arterial occlusive disease. ► Keep test strips and lancets away from small children. If swallowed, consult a doctor immediately for advice.

Intended Use

FORA 6 blood glucose test strip when used together with FORA 6 Duo / Plus / Connect Multi-functional meter allow your blood glucose levels to be tested by yourself at home or in the office. It uses fresh whole blood samples from the finger, and the following areas: the palm, forearm and upper arm. This system is not intended for use in the diagnosis or screening of diabetes mellitus.

Professionals may use with capillary and venous blood sample; home use is limited to capillary whole blood testing. Use ONLY heparin for anticoagulation of blood samples. Do not use EDTA for anticoagulation.

Limitations

► Precision: The hematocrit level is limited to between 40% and 70%. Please ask your healthcare professional if you do not know your hematocrit level. ► Neonatal Use: This test strip can be used for the testing of newborns. ► Please see Appendix: Summary of substances and concentrations in accordance with its limitation ► Altitude Effects: Altitudes up to 3,275 m (10,742 ft) do not affect test results. ► Do not test blood glucose during or soon after taking oral diabetes pills. ► Do not use the blood glucose test strip on patients who are taking insulin. Xylose in the blood can produce elevated glucose results.

Storage and Handling

► Use each test strip immediately after taking it out of the foil of the individual foil packet. ► IMPORTANT: Do not use the test strips if they have expired. ► Keep the foil closed at all times ► Store the test strips in their original vial ONLY. Do not transfer them to a new vial or any other container. ► Do not touch the test strips with wet hands. ► Do not bend, cut, or alter the test strip. ► Store the test strips in cool, dry place between and 30°C (35.6°F and 86°F) and 10% to 90% relative humidity. ► Keep the test strips away from direct sunlight. Do not store the test strips in high humidity.

Testing Your Blood Glucose

PLEASE WASH AND DRY YOUR HANDS BEFORE PERFORMING ANY TESTS.



Please refer to your Owner's Manual for more information.

The used lancet and test strip are potentially biohazardous. Please dispose of them carefully according to your local regulations.

Reading Your Result

Your blood glucose readings deliver plasma equivalent results and are displayed in mg/dL or mmol/L.

Time of day	Normal plasma glucose range for people without diabetes
Fasting and before meals	< 100 mg/dL (5.6 mmol/L)
2 hours after meals	< 140 mg/dL (7.8 mmol/L)

Source: American Diabetes Association. *Classification and Diagnosis of Diabetes: Standards of Medical Care in Diabetes—2023.* Diabetes Care 2023;46(Supplement_1):S19–S40. <https://doi.org/10.2337/7d23-0002>.

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